



Afframsikpa Children's Foundation Information **Sheet for Volunteers and Interns**

As a volunteer or intern, you can choose our;

1. Teaching Internship Program
2. Nursing Internship Program
3. Social Work Internship Program

Job description:

1. Teaching:

Student Teachers can take up their internship with us as far as their course of study or program is concerned. Interns are expected to work from 7:30am – 2:30pm

Interns can study and practice with us for their school project or research works (kindergarten/Primary) under the supervision and guidance of a professional trained teacher.

There are four (4) schools where the internship can be taken:

1. Our Charity School in Anfoega
2. A Special Needs School in Kpando
3. A Regular Basic School in Alavanyo
4. Jungle School in Pakro

An intern can choose to rotate in all four schools and have their experience to enrich their research.

By this option, you are to spend at least a week in each school but if a particular school is chosen due to related course of study then it can be discussed how many days an intern wants to spend in other schools.

Expected activities from an intern:

- General Class assistance
- Teaching Maths and Foreign Language
- Teaching and management of children with special needs
- Creative Art
- Music
- Sports
- ICT

The above activities may be in line of your field of study. One can also choose which best suits his or her research or study.

2. Nursing Internship:

Interns can take up their positions in either the Hohoe Municipal Hospital, Anfoega Catholic Hospital or Alavanyo Clinic.

An intern will get the opportunity to observe at different wards and shadow a doctor or medical assistant. The actual role an intern will play depends on the intern's qualification and specialization. Interns can work from 7:30am to 4:00pm.

Expected duties of interns:

- General nursing
- Clinical assistance
- Medical administration
- Lab technicians and assistance to roles related to the interns specialization

3. Social Work Internship:

There are two children homes with children ranging from the ages of 6 – 23yrs where you can choose to (volunteer or have your internship) and that is in Pakro or Alavanyo.

You can choose to work in both homes. With this combination, you will be living and working in Pakro for two weeks and same applies to Alavanyo.

This arrangement is at least for the first month, afterwards we are open to discuss other ways of combining this project to other projects. Interns can work anytime of the day but usually between 7:00am to 8:00pm. Interns will be supervised by the coordinator with the help of the care givers at the homes with adequate appraisals.

At the home, you are expected to carry out these duties:

- General care and welfare of the children
- Managing the affairs of Children's home.
- Guiding children in their daily activities
- Identifying and solving problems facing the children.

About Our Towns

Pakro:

Close to Pakro is the actual village in the jungle where the orphans and other deprived kids and families live. In Pakro there is no electricity or running water and the people live in simple houses and mostly live from farming. You will be living in a house in the center of the village in an unshared room. The toilet and shower are local and outside of the house. You will be eating with the kids and the other women working there. Your job there will be to take care of the smaller kids (feeding, bathing, playing games etc) and also take care of the older kids after school and help them with their homework. Also you can help the women and kids with cooking, cleaning, carrying water or going to the market. We will be happy if you can also support and educate the families in health, family planning and hygiene. The weekends are free time for you to explore our tourist sites.

Anfoega:

Anfoega is the district capital of North Dayi district, in the Volta region of Ghana. Their source of water supply is the lake and boreholes. People of Anfoega are very hospitable. The language spoken there is Ewe. It's also mostly warm and cool during day and night respectively.

Alavanyo:

Alavanyo is a community of seven towns in the Hohoe Municipality. It is 15Km from Kpando to the south and 35km to Hohoe in the North.

Alavanyo is surrounded by beautiful forests and mountains, it is also home to Tsatsadu Waterfalls in Alavanyo Abehenase. Most of the residents are farmers and hunters. The people of Alavanyo are very friendly, cheerful and welcoming. The main dialect is Ewe. The temperature is mostly warm during the day and cool at night.

More than 80% of the population depends on treated pipe-born water. The festival celebrated by the people is SASA which is organised by four traditional areas (Sovie, Alavanyo, Saviefe and Akrofu), it is massively attended and enjoyed by many from far and near.

Alavanyo is also recovering from a century old protracted land conflict and will be grateful for your support to recuperate.

Alavanyo means It Will Be Well.

Residence:

Interns will live and work from our partner Volta Hope Orphanage at Alavanyo – Abehenase with adequate security with electricity, water and everything needed for a comfortable stay.

Movement:

Interns will be transported in Volta Hope Orphanage bus together with the kids when they are been transported to schools to interns various internships locations and brought back.

Volunteer / Internship Package**Price:**

Volunteers / Interns are expected to pay for their accommodation and living cost and this vary from ONE MONTH – TWELVE MONTHS. The package include;

- Pick up from the airport
- First night in a hostel in Accra
- Three square meal a day
- Electricity and water bills
- Transportation to work and back from volunteer sites.

Other Important Information**Ghana in general:**

Ghanaians are very friendly and welcoming. But it is still important to follow some rules:

- Don't walk alone in the dark (especially in Accra).
- Always give and receive things with the right hand.
- Bargaining is very normal and important, just in some stores there are fixed prices.
- When you get a cab you have to bargain the price before entering.
- Ghanaians are very polite people who take manners strictly.
- You shouldn't wear too short or sexy clothes in the day time.
- You can get along with English Language very well.

- The most spoken dialect in Ghana is twi but in But ewe in Kpando, Vakpo, Anfoega and Alavanyo.
- Visa and Master card are the best way to get money in Ghana.
- Think to pack Sunblocker, mosquito sprays and tampons (these are hard to get)
- You shouldn't drink the running water, only sealed water is safe. (You need to get it yourself, but it's cheap)

Web: <https://afframsikpa.wixsite.com/ascfoundationgh>